



Our Services

Personal & Companionship Care:

Assistance with daily living activities, mobility, fall prevention, and emotional support.

Home & Lifestyle Assistance:

Help with housekeeping, meal preparation, home safety, and outdoor maintenance.

Health & Wellness Support:

Services like medication reminders, wellness checks, and emotional well-being support.

Specialized Care Services:

Focused care for conditions like Alzheimer's and dementia, palliative care, and respite care for caregivers.

What Set Us Apart

At Spare Care, we go beyond traditional home care by building genuine connections and truly listening to those we serve. We actively seek and apply feedback to ensure our services don't just meet expectations they exceed them.

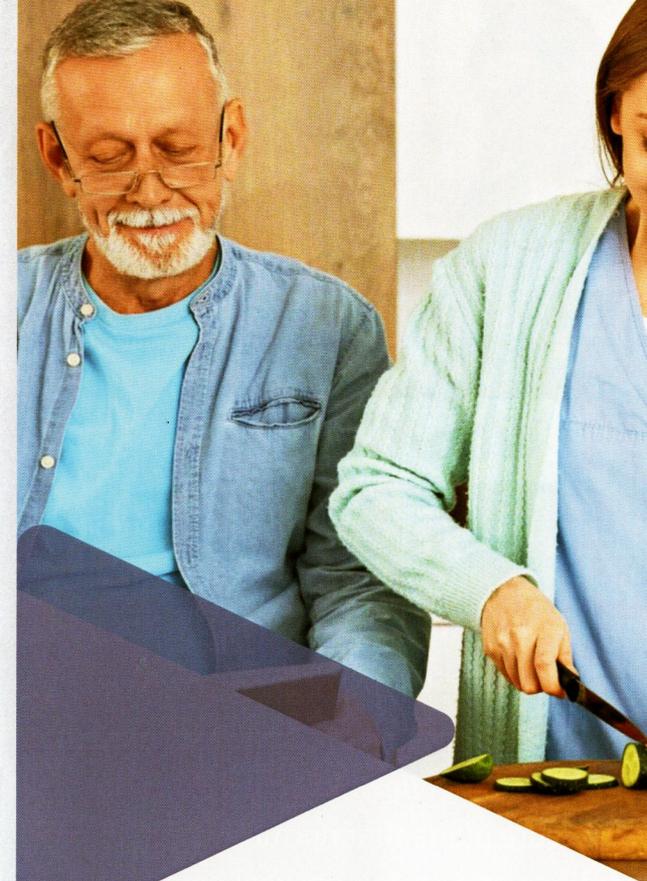
Our caregivers are more than trained professionals they're compassionate individuals dedicated to improving the well-being of every person in their care. It's this commitment to quality and growth that makes families trust Spare Care to make a real difference.

When you choose Spare Care, you're choosing your comfort, your care, your way

Contact Us for a Free Consultation!

 info@sparecare.ca  (437) 875-2731

 www.sparecare.ca



Spare Care
HERE WHEN YOU NEED US

Proudly Serving: Mississauga, Oakville, Burlington, Milton, Brampton, Georgetown, Etobicoke & Toronto

Visit: www.sparecare.ca



Who We Are

Spare Care delivers compassionate, dignified, and personalised support for seniors, those recovering from illness or surgery, and individuals with disabilities.

We help clients remain safe and independent at home through flexible schedules and tailored care plans that nurture both daily routines and emotional well-being.

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Core Values

- Compassion in every interaction
- Professionalism and integrity
- Client-centered care
- Always evolving through feedback

Our Commitment

At Spare Care, our commitment is to consistency, accountability, and delivering high-quality care every single day.

We recognize that great care depends not only on kindness, but on structure, reliability, and clear communication with both clients and families that's why we invest in ongoing caregiver support, clear care planning, and regular check-ins to ensure each person receives dependable, personalized assistance. From short-term visits to long-term support, we're here to make sure care is always delivered

FAQs

How do we know we can trust you?

All caregivers are carefully screened, trained, bonded, insured, and supervised.

Who can receive care?

Anyone in need of non-medical home support including seniors and individuals with or without disabilities.

How soon can services start?

We offer flexible scheduling, with care available as soon as you need it.



Testimonial

I contacted Spare Care to help with aging mother, and they were professional. They listened to her specific needs, and accommodated them. I would recommend Spare Care to my friends & family.

- **Monica**

Spare Care was incredibly helpful after a medical change, assisting with medication and mobility. They were patient and understanding. Thank you, Spare Care.

- **Trevor**

As a nurse/PSW working at Spare Care, I feel supported and they really are what I declare to be. They truly care about caregivers and their clients' well-being.

- **Chris**