

The Team

Clinical Team Leader
Nurse Practitioner
Registered Nurse
Registered Dietitian
Social Worker
Clinical Pharmacist
Administrative Support

Languages available in collaboration
with the Trillium Diabetes
Management Centre:

English, Punjabi, Farsi, Urdu, Hindi,
Italian, Cantonese, Mandarin,
Spanish, Ukrainian, Gujarati, French,
Bengali, Tamil, Polish, Twi,
Malayalam and Portuguese

There are 2 locations of
Centre for Complex Diabetes Care

Mississauga Site:

100 Queensway West
Clinical & Administrative
Building, 2nd floor
Mississauga ON
L5B 1B8
Phone: (905) 848-7545 x 3730
Fax: (905) 804-7985

Halton Site:

Unit 105, 1235 Trafalgar Road
Oakville, Ontario
L6H 3P1
Tel: 905-338-2514
Fax: 905-338-5354

Mississauga Halton Centre for Complex Diabetes Care



Trillium
Health Partners
Better Together

Stand up to Diabetes

The Centre for Complex Diabetes Care (CCDC) is a regional program serving the Mississauga Halton region.

CCDC is Different from the Standard Diabetes Education Program

- ◆ CCDC sees patients with prolonged diabetes plus other complex conditions that negatively affecting their diabetes control
- ◆ CCDC is comprised of an Inter-professional team
- ◆ CCDC provides short term intensive treatment and management for those whose diabetes is unstable or difficult to manage
- ◆ Patients are discharged back to their primary care providers for follow-up when their condition has stabilized.

Services Provided by CCDC

- ◆ Assessment, education, treatment and management using a patient centered model.
- ◆ Frequent monitoring and follow-up
- ◆ Case management and care navigation
- ◆ Individualized care planning with patients
- ◆ Collaborate with all providers involved in patients care (specialists, primary care providers, CCAC, mental health etc.) to provide the best care
- ◆ Expedited psychiatric consult and wound care referrals
- ◆ Exercise class and self-management program

Referral Criteria for CCDC

Individuals with Type 1 or Type 2 diabetes, 18 years of age or older

Have poor glycemic control (HbA1c > 9%) AND at least ONE or more of the following condition which is negatively affecting their diabetes care:

- ◆ Other co-morbidities (COPD, malignancy, mental illness etc.)
- ◆ Complications associated with their diabetes (retinopathy, nephropathy etc.)
- ◆ Barriers that challenge their diabetes care (difficulty accessing care, financial etc.)

OR

- ◆ Recurrent diabetes emergencies or hospital admission regardless of HbA1c (hypoglycemia, DKA etc.)