

## WAYS YOU CAN HELP

### MAKE A DONATION

As our programs are provided at no cost to the people we serve, we rely on the generosity of our donors to meet these needs. We receive partial funding from the government, but rely on individuals, corporations, service clubs, foundations and fundraising events to fund our programs.

### HOST AN EVENT FOR US

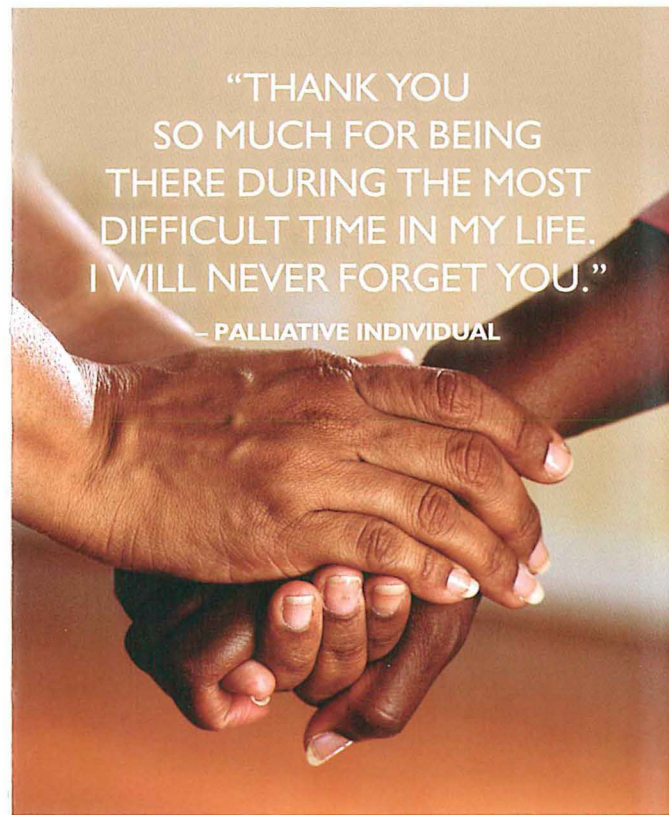
Individuals and groups can rally together to host a special event in support of Heart House Hospice. An event handbook can be found on our website.

### VOLUNTEER

Volunteers are at the heart of what we do at Heart House Hospice. They are a group of special individuals who are compassionate, caring and multitalented. Their commitment and energy knows no bounds. Volunteer opportunities include: administrative support, fundraising, event support, drivers, providing complementary therapies (training provided), visiting and supporting people in their homes. Volunteers make a meaningful difference in people's end of life experiences.

"I really appreciated the visits from you and the peace of mind that comes with your promise to continue to support my Mom after I die."

– PALLIATIVE INDIVIDUAL



"THANK YOU SO MUCH FOR BEING THERE DURING THE MOST DIFFICULT TIME IN MY LIFE. I WILL NEVER FORGET YOU."

– PALLIATIVE INDIVIDUAL



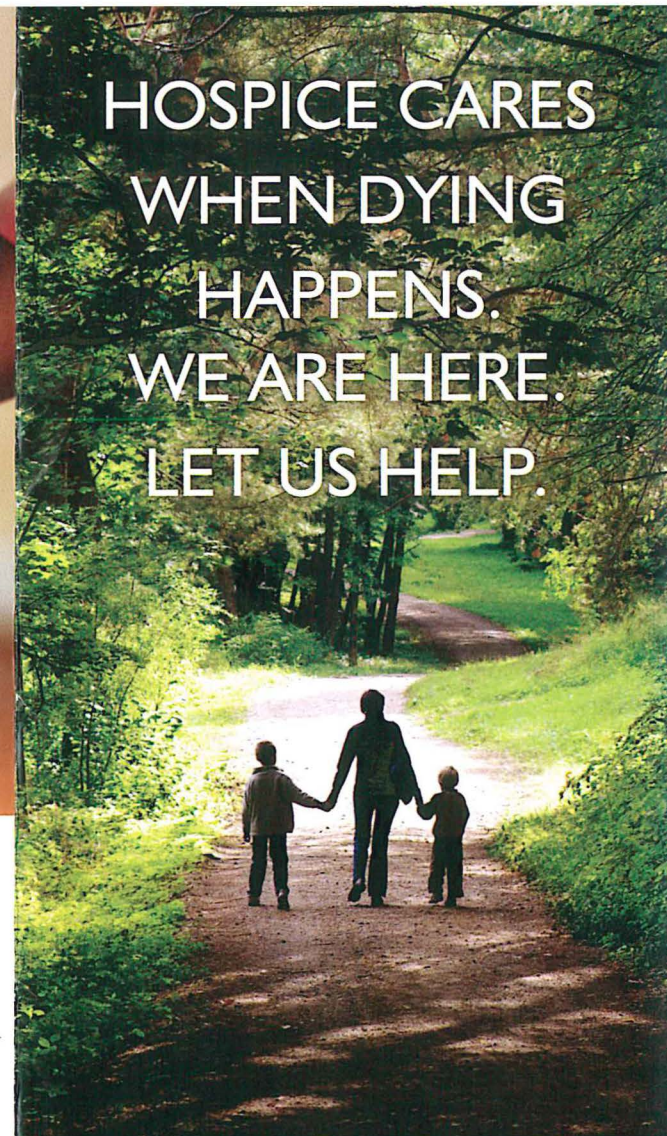
855 Matheson Boulevard East, Unit 1  
Mississauga, ON L4W 4L6  
Tel: 905-712-8119  
Fax: 905-712-4029  
info@hearthousehospice.com

hearthousehospice.com



Supported by:  **Ontario**  
Mississauga Halton Local Health Integration Network  
Réseau local d'intégration des services de santé de Mississauga Halton

HOSPICE CARES  
WHEN DYING  
HAPPENS.  
WE ARE HERE.  
LET US HELP.



HEARTHOUSEHOSPICE.COM

"Heart House Hospice has been one of the most helpful agencies I have worked with! You are truly amazing at helping families in the most difficult of times."

– MARIAM, COMMUNITY PARTNER

While a life-threatening illness can affect how a person lives, often there is much that can be done to improve one's comfort and well-being. Heart House Hospice promotes quality of life, living well, and relief from pain and discomfort. We help people live well for as long as possible. Each person and family member receives individualized support and care to meet their unique needs so you can live life to the fullest until the very end.

Heart House Hospice provides compassionate person-centred care to people living with a terminal illness and their loved ones. Each year, more than 1,000 individuals and their caregivers, family and children receive our support. Our services are offered at no cost by professional staff and trained volunteers. We rely on a generous community to support families in their time of need.

Heart House Hospice is committed to the pursuit of excellence in all of our programs. We are accredited with CARF International which means we meet over 1,750 standards identified as essential to the provision of excellent care.

## PROGRAMS

### DAY HOSPICE

The day hospice offers weekly opportunities for individuals living with a terminal illness to participate in a variety of activities. Individuals can relax, engage, connect, and make new friends in a comfortable setting. Our volunteers can provide transportation if needed.

### HEALTH AND WELLNESS

Our complementary therapy programs are offered to address the physical, mental, emotional and spiritual wellness of palliative individuals, caregivers and the bereaved. A range of therapeutic and education activities are offered including reiki, aromatherapy, Therapeutic Touch™, art, music and meditation.

### HELP US UNDERSTAND GRIEF (H.U.U.G.)

H.U.U.G. Counsellors provide in-home visits to children, youth and families who are facing the dying or death of a loved one in the Regions of Peel and Halton. Our H.U.U.G. team is also available to provide education and support to schools and community partners.

### HOSPICE COUNSELLING

Hospice Counsellors offers in-home emotional support, information, education, counselling and advocacy to help individuals and families understand and access services and to improve their well-being and comfort. They work alongside other service providers.



### IN-HOME VOLUNTEER VISITING

Caring and well-trained volunteers provide in-home support to individuals and families through respite, companionship and complementary therapies.

### SPIRITUAL CARE

Spiritual Care Providers help individuals and families explore their spiritual and existential concerns that arise when a person is experiencing life altering challenges, life limiting illness and end of life.

### GRIEF AND LOSS

Bereavement Counsellors provide support through the grief journey tailored to each person's unique needs. Grief and loss services include one to one counselling, groups and education.

### CHILDREN & YOUTH GRIEF NETWORK

Heart House Hospice is the lead organization in this network that advocates for educational opportunities and support services that will benefit children, youth and families who are grieving the dying or the death of someone they care about.

## HOW TO REFER

**Anyone can refer to Heart House Hospice. Permission of the person being referred is required. Our referral form can be found on our website or you can call our office to make a referral.**

**“THANK YOU FOR ALL YOU HAVE DONE FOR MY DAUGHTER. SHE IS PLAYING WITH HER FRIENDS AGAIN AND NO LONGER STANDS ALONE BY THE WALL AT RECESS. SHE IS NO LONGER AFRAID TO VISIT THE CEMETERY AND TALKS ABOUT HER DADDY ALL THE TIME.”**

**– PARENT**

**“Simply making a difference in someone's life just by being there for them either it's a client or family member is priceless. When you see you can make a difference just by showing that you care is so rewarding.”**

**– NAVDEEP, VOLUNTEER**

## DONATION FORM

Yes! I would like to support families who need compassionate hospice care with my donation of:

TOTAL: \$ \_\_\_\_\_

- I would like a tax receipt  
Fill in the information below so a tax receipt can be mailed to you.
- I would like to remain anonymous  
Unless requesting a tax receipt, leave personal information blank in the fields below to give anonymously.
- I would like to receive e-newsletter updates about Heart House Hospice  
Please fill in the email address below to receive updates from us (typically on a monthly basis).

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Prov.: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Tel: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

### ONE-TIME DONATION PAYMENT

Credit Card:  VISA  MasterCard  
(check one)

Cheque/Money Order  
If paying by cheque or money order, make payments to: Heart House Hospice.

### ONGOING DONATIONS

- I would like to make the above-stated donation on an ongoing, monthly basis.

### CREDIT CARD PAYMENT INFORMATION

Card Number: \_\_\_\_\_

Expiry Date: \_\_\_\_\_

Cardholder Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Charitable Registration Number: 13215 5011 RR 0001